



Your Guide to Dental Implants

T D C Implant Centres

Harley Street • Folkestone • Peterborough

Home of Smile in a Day same day implants

Part of Bupa Dental Care

Welcome



Welcome to TDC Implant Centre, Home of Smile in a Day same-day dental implants. We are a family-founded dental group, led by brothers Dr Michael and Dr Anthony Zybutz. We specialise in treating people who wear dentures or those with loose, decayed or missing teeth.

With over 25 years' experience in placing implants, we are leaders in same-day dental implants – a treatment called Smile in a Day where implants and fixed teeth are placed in **a single day**.

We have helped hundreds of patients to smile again, to eat and speak normally, eliminate dental pain and look and feel confident once more.

We hope you find this guide to dental implants useful. If you would like to know more, why not book a **no-obligation consultation** with one of our friendly Patient Advisors on 0808 274 4085. Or, look us up online at www.smileinaday.co.uk.

We look forward to hearing from you.

Dr Michael Zybutz and Dr Anthony Zybutz

"Professional, caring, kind! A wonderful team – Anthony and Michael were amazing in every way. They have changed my life and my teeth are beautiful"

TDC patient

What are dental implants?

Who can have dental implants?

Dental implants are suitable for most adults. They look, feel and function like natural teeth and can:

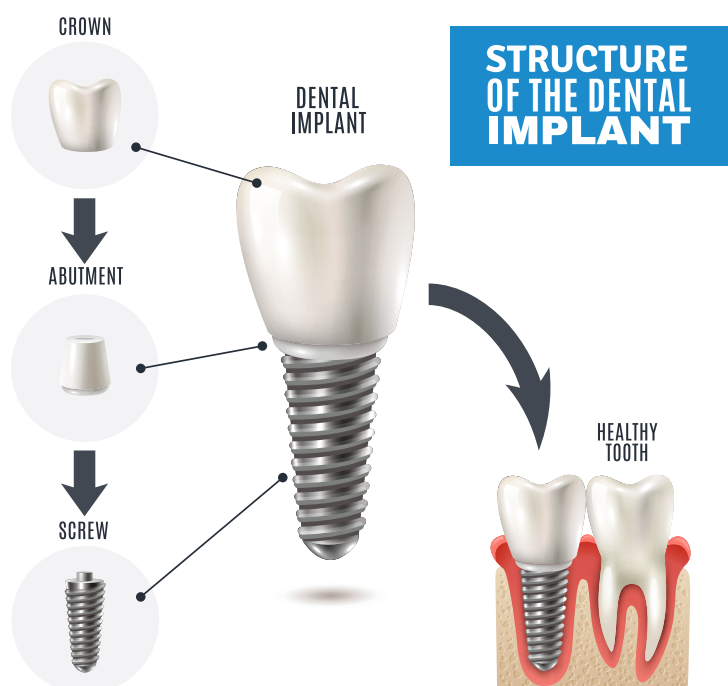
- ✓ replace one or several missing teeth, or even all your teeth.
- ✓ replace removable dentures.

With traditional implants, many people with more severe dental issues and bone loss need to have bone grafts so it can take months before they're fitted with fixed teeth. With Smile in a Day, however, implants and fixed teeth can be placed in a single day (see Smile in a Day explained).

What are they?

Dental implants involve replacing the root of decayed, loose or missing teeth with a screw-like titanium post onto which a crown (a replacement tooth, or a whole arch of artificial replacement teeth) can be fixed.

Once put in place, implants need to be cared for just like normal teeth.



What are the benefits of having dental implants?

- ✓ Your jawbone fuses with the titanium post so it provides a very stable base meaning that your custom-made replacement teeth won't come loose like dentures do, and hence you'll be able to eat and speak normally.
- ✓ Unlike bridges, no adjacent teeth need to be ground down to hold your new teeth in place.
- ✓ They're the closest thing to natural teeth and so feel more natural than conventional bridges or dentures.

"My experience with TDC was great from start to finish - I was always met with professionalism from all staff members. If you're looking in the mirror and hating your smile - just change it! Things really can be different in just one day!"

Jacqueline, TDC patient

| Smile in a Day explained



Smile in a Day is a life-changing dental procedure in which, as the name implies, you're able to have implants and a set of fixed temporary teeth fitted in a single appointment.

Smile in a Day uses at least four implants in each jaw that are placed at precise angles to maximise use of the available bone so that there's no need for bone grafts.

Instead of wearing removable dentures while waiting for your gums to heal, you'll leave with natural-looking temporary teeth that remain in place day and night. In just a matter of hours you'll have regained your confidence and your smile.

After about three months, once your gums have healed, you will be fitted with your final set of fixed, permanent teeth.

3 steps to a beautiful smile

STEP 1

During your free consultation with one of our highly experienced implant dentists, your teeth and gums will be assessed. If, after this examination, you and your dentist agree that you are likely to be suitable for the treatment, you'll have a computerised 3D CT scan to measure the amount and location of bone in your jaw. The implant team can then confirm that Smile in a Day is definitely right for you. A personal treatment plan will then be drawn up and, if you decide to go ahead, your treatment date will be set.

STEP 2

On the day of surgery most patients choose to be sedated during the procedure so there's minimal discomfort. Our surgeon will place four titanium posts in each jaw that you are having treated. A set of fixed, natural-looking temporary teeth will be attached to the implants, and you'll leave us with a beautiful new smile.

STEP 3

During the next two to three months, and once your gums have settled, we will take impressions and check to ensure that your final, permanent set of teeth are a perfect fit. At your final visit ten days later we'll attach your final, permanent teeth and enrol you onto our Maintenance Programme to make sure that your teeth remain in the best possible condition.

Everyone was really understanding and supportive. The joy of being able to smile again has been incredible

Zoe, TDC patient



At your first consultation, one of our highly trained dentists will assess your teeth and gums to make sure that Smile in a Day is right for you.



After just one surgical visit you will leave with a beautiful new smile.

| The benefits of Smile in a Day implants



- ✓ You'll only need one surgical visit as your dental implants and a full set of fixed teeth are placed in a single day.
- ✓ It is a long-lasting solution and the next best thing to natural teeth.
- ✓ The procedure is virtually pain-free, with very little recovery time.
- ✓ You'll look years younger as implants help to fill out and give structure to your face which could otherwise look sunken as a result of missing teeth.
- ✓ You'll be able to eat normally and even enjoy chewy, crunchy foods again.
- ✓ You'll be entirely free of dental pain and embarrassment from dentures or loose or missing teeth.
- ✓ They're suitable for most people, even those who've been told that nothing can be done.
- ✓ They can last a lifetime if cared for correctly, and look, feel and function like normal teeth.
- ✓ They're much less expensive than traditional implants.

I am so happy! And to be able to eat anything is absolute freedom. I love everything about my teeth – to have no movement is pure bliss

Lorraine, TDC patient

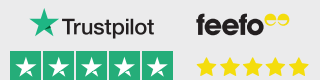
Our results speak for themselves

"I can now eat any type of food without fear of losing more teeth, and I can smile and talk to people without feeling awkward"

John, TDC patient



What our patients say...



"Smile in a Day surpassed all my expectations. Not only was the treatment a complete success but on the day of surgery I left in far less discomfort than I arrived with. I have only one regret – why did I leave it so long? This treatment has literally transformed my life"

"Since receiving my Smile in a Day implants I have not had a single moment of pain or discomfort. I am thrilled with my smile and cannot recommend TDC enough. I look, and more importantly feel, fabulous"

"TDC was my last hope of having permanent teeth. I'm so very grateful to them as it would have been my worst nightmare to have had dentures"

"It's wonderful: I can smile, and even whistle, again! I no longer feel embarrassed about talking to people or going to restaurants"

| Contact us



TDC's Smile in a Day procedure has helped hundreds of patients to smile again and get their confidence back.

To book your **no-obligation consultation** or to simply learn more, speak to one of our friendly Patient Advisors on **0808 274 4085** or email **info@smileinaday.co.uk**.

Or look us up online at **www.smileinaday.co.uk**.

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